



# GOOD WORK

WELCOME TO  
42 MACQUARIE STREET

EG



# WELCOME TO 42 MACQUARIE ST!

A building that prioritises human connection, knowing your neighbours and your mental health.

## ACKNOWLEDGEMENT OF COUNTRY

42 Macquarie Street, Barton stands on Ngunnawal land. We acknowledge the Ngunnawal and Ngambri peoples of the Canberra region and pay respect to Elders, past, present, and future.

This land, this place, holds memories, the traditions of Australia's First Peoples. Today, we continue to use this space to gather, to create, and build community, acknowledging our privilege in gathering here, and honouring those who have come before us.

## SO, WHAT IS GOOD WORK?

The Good Work program is a joint effort between the Little BIG Foundation and your landlord EG, to build and maintain happier, healthier, kinder communities at work. We aim to foster a sense of belonging that reduces loneliness and contributes to a positive work environment.

Each year we conduct a survey, speak to tenants, carry out focus groups and interview the building management team to gather feedback to understand the interest areas of those working in the building. We ask them what would help them connect. Why? Because the world is becoming a lonely place (in fact, 1 in 3 people are lonely in Australia) and coming to work should be good for you.

It is our goal to make this a community where the little 'hellos' can lead to big connections.

## PLACES TO GO, THINGS TO DO

Welcome to this charming haven nestled in the heart of Canberra. Use your lunch break to explore a wealth of cultural and recreational attractions like Parliament House and the National Gallery of Australia, or take a leisurely stroll through the serene landscapes of Lake Burley Griffin.

In our recent survey we asked for your coworkers favourite local spots. Check out the make below for some hidden gems.



### ☕ CAFE

- 2 Little Bird
- 7 Hideout
- 8 Two Before Ten

### 🍴 FOOD

- 1 Double Drummer
- 3 Yogi's Kitchen
- 4 Barton Grocer
- 5 Vincent
- 9 Eighty/Twenty

### 🏃 ACTIVITY

- 6 Sound CBR
- 10 F45 Gym
- 11 Walk around Lake Burley Griffin

FIND OUT WHAT'S  
HAPPENING IN  
YOUR BUILDING



# GOT AN IDEA?

Got a great breakout space and willing to host your neighbours?

Want to help us make your community great?

Just wondering about something?

Send us an email:

**[goodwork@littlebigfoundation.org](mailto:goodwork@littlebigfoundation.org)**



# WHAT'S ON NEXT?

Scan the QR code to receive emails about the latest events in your building. We promise only a few each year.



**[www.littlebigfoundation.org/good-work](http://www.littlebigfoundation.org/good-work)**