# GOOD WORK

## WELCOME TO 50 CARRINGTON STREET



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A building that priorities human connection, knowing your neighbours and your mental health.

#### ACKNOWLEDGEMENT OF COUNTRY

50 Carrington Street, Sydney stands on Gadigal land. We acknowledge the Gadigal Peoples of the Eora Nation and pay respect to Elders, past, present, and future.

This land, this place, holds memories, the traditions of Australia's First Peoples. Today, we continue to use this space to gather, to create, and build community, acknowledging our privilege in gathering here, and honouring those who have come before us.

#### SO, WHAT IS GOOD WORK?

The Good Work program is a joint effort between the Little BIG Foundation and your landlord EG, to build and maintain happier, healthier, kinder communities at work. We aim to foster a sense of belonging that reduces loneliness and contributes to a positive work environment.

Each year we conduct a survey, speak to tenants, carry out focus groups and interview the building management team to gather feedback to understand the interest areas of those working in the building. We ask them what would help them connect. Why? Because the world is becoming a lonely place (in fact, 1 in 3 people are lonely in Australia) and coming to work should be good for you.

It is our goal to make this a community where the little 'hellos' can lead to big connections.





#### PLACES TO GO, THINGS TO DO

Sydney's CBD pulsates with life amid iconic structures like the Sydney Opera House and Harbour Bridge, but it is the hidden gems that make your work day a joy. The area hosts a diverse culinary scene, from hidden laneway cafes to upscale authentic international dining.

In our recent survey, we asked for your coworkers' favourite local spots, and here are your top-voted places. Check out the map below to find these local stars.



# GOT AN IDEA?

Got a great breakout space and willing to host your neighbours?

Want to help us make your community great?

Just wondering about something?

Send us an email: goodwork@littlebigfoundation.org





Scan the QR code to receive emails about the latest events in your building. We promise only a few each year.



### www.littlebigfoundation.org/good-work